

## LIST OF ALL FITNESS CENTERS

### Nasimi:

1. **Pilates Life**
  - Pilates
2. **PilatesLife Af Mall**
  - Pilates
3. Jeyhun Valiyev Fitness (U. Hajibeyov)
  - Gym, CrossFit, Pilates
4. **The Gymnasium**
  - Gym
5. **Holiday Inn**
  - Gym, Pool, Sauna
6. Black Cube
  - Gym
7. **The Pilates**
  - Pilates, Boxing, Crossfit, Stretching, Trx
8. FS Club Edem
  - Gym, Pool, Sauna
9. HealthFit
  - Gym, Crossfit, Sauna, Turkish bath
10. Body Factory
  - Gym
11. Yeni Həyat Fitness & Spa
  - Gym, Pool
12. Go Fitness
  - Gym
13. Aqua Park
  - Gym, Pool, Sauna
14. Smile Fitness
  - Stretching, National Dances, Aerobics, Gym, Oriental
15. **Melly Pilates**
  - Reformer Pilates
16. **Reforma Studio Gazelli**
  - Mat Pilates, Tango, Salsa Bachata
17. **Satya Healing**
  - Chakra Dance, Kundalini Yoga, Hatha Yoga
18. **Gazelli Wellness Club**
  - Bathroom+Infrared sauna+Aroma Cabin+Russian Barrel+Snow fountain+Kneipp path
19. Aylin Pilates Studio
  - Pilates
20. Ryuga Voleybol
  - Volleyball
21. Gymnastic Life Studio
  - Yoga, Stretching, Crossfit
22. Premium Fitness&Spa
  - Gym, Sauna
23. Zirve Pilates Studio
  - Pilates
24. **Smile Fitness**
  - Yoga
25. **Midtown (Elite hamam)**
  - Fitnes, Cakkuzi, Sauna, Türk hamamı, Buxar otağı
26. **JW Marriot Absheron**
  - Gym, Pool, Sauna
27. **Premier Palace**
  - Gym, Pool, Sauna, Turkish bath, Jacuzzi
28. Alpha gym
  - Gym, Sauna
29. Zəfər Boks Klubu
  - Boxing

### Sabayil:

30. **Aquatic Palace**
  - Gym, Pool, Pilates, Yoga, Aqua aerobics, Crossfit, Cycling, Zumba
  - Sauna, Steam room, Jacuzzi, Infrared cabins, Ice fountain
31. Aquatic Palace
  - Waterpolo
32. **Sahil Fitness Classes**
  - Gym, Sauna, Crossfit, Boxing, Yoga, Fly Yoga, Abs Workout, Fitness Class
33. Profitness
  - Gym
34. **Pilates Lux**
  - Pilates

35. FS Club Badam
  - Fitness, Pool, Sauna, Turkish bath, Salt room
36. **Basi Pilates**
  - **Reformer Pilates**
37. **Fairmont Spa**
  - **Fitness, Pool (indoor and outdoor), Sauna, Steam room, Jacuzzi, Pilates (only 1st lesson)**
38. Pilates Studio by Gunay Agayeva
  - Pilates
39. Crazy Crew Club
  - Oriental
40. Baku Pilates Center
  - Pilates
41. **The Crescent Beach Hotel**
  - Gym, Pool, (Indoor and outdoor), Sauna, Aerobics, Turkish bath, Squash
42. Atilla Badamdar
  - Gym, Bath
43. **Golden Coast Hotel**
  - Gym, Pool, Sauna
44. **Yoga Chandra**
  - Yoga, Meditation

#### Khatai:

45. **Baku Marriott Hotel Boulevard**
  - **Gym, Pool**
46. FitLady by Roof 24
  - Gym, Aerobics, Fly yoga, Stretching, Zumba, Pilates
47. Adrenaline Athletic Club
  - Gym
48. FitnessLab
  - Gym
49. Lider Gym
  - Gym, Aerobics
50. **Movement Platform**
  - **Movement Fit, Movement School**
51. **Core Wellness Academy**
  - **Pilates**
52. White Fitness
  - Gym, Sauna
53. Extreme Fitness Club
  - Gym
54. **White Fitness Classes**
  - **Yoga**
55. Central Fitness
  - Gym
56. **Superwoman Fitness Club**
  - **Fitness, Total Body, TRX, Bodypump, Crossfit**
57. **FitCity by Parkhill**
  - **Fitness, Sauna**
58. Nuray Fitness
  - Gym, Aerobics, Boxing
59. Modern Idman ve Eylence Merkezi
  - Fitness, Pool, Sauna, Mat Pilates, Aerobics
60. Zeys Gym
  - Gym
61. **Bellator Baku**
  - Gym, Sauna
62. Healthy Gym
  - Gym
63. **Core Wellness Academy (Ahmadli)**
  - Pilates
64. Just4fit (Ahmadli)
  - Gym
65. Cengi Fitnes Spa
  - Pool, Sauna, Turkish Bath, Steam room
66. 7saber Gym
  - Gym
67. **Bəylik Hamam**
  - **Cakkuzi, Türk hamamı, Rus hamamı, Soyuq hovuz, Buxar otağı, Fin saunası**
68. **Isbo Fitness**
  - Gym
69. Isbo Fitness
  - Gym (11:00-16:00)
70. **Yoga Vidya**
  - **Yoga and Meditation**
71. Yoga Vidya
  - Meditation (13:00-13:30)
72. Istanbul Bakı İdman Klubu
  - Basketball

- 73. SN Pilates Studio
  - Pilates
- 74. **ST Pilates Studio**
  - Pilates (14:00-17:00)

**Narimanov:**

- 75. **FS Club Royal**
  - **Gym, Pool, Sauna**
- 76. **Excelsior Hotel&SPA**
  - **Gym, Indoor pool**
- 77. Limak Fitness Park
  - Gym
- 78. Roof 24
  - Gym
- 79. Krossfit Skaut
  - Gym, CrossFit
- 80. Evolution Gym Legion
  - Gym
- 81. Go Fitness
  - Gym
- 82. **Lavanda Spa**
  - **Gym, Pool, Sauna, Turkish bath, Relax room**
- 83. Topfit Gym
  - Gym
- 84. Şua Fitness & Spa
  - Pool
- 85. Roseville Fitness&Spa
  - Gym
- 86. **Arion Hotel**
  - **Gym, Pool, Sauna, Turkish Bath, Table tennis**
- 87. **Physio Pilates**
  - **Reformer Pilates**
- 88. Vikings Hammer
  - Pool, Crossfit, Sauna, Gym
- 89. Pilates Rise
  - Pilates
- 90. Pink Boxing and Fitness
  - Pilates, Gym
- 91. Gallery Fitness and Spa
  - Gym, CrossFit, Full body workout, Boxing, Pilates, Zumba, Aerobics, Barrel, Hamam (Turkish ice room), Sauna
- 92. Caspian Hotel
  - Gym, Pool, Sauna, Steam room
- 93. Pilates Studio by Gunay Agayeva (Narimanov)
  - Pilates
- 94. **Volan Badminton**
  - Badminton
- 95. Reborn Gym Club
  - Gym
- 96. Teatro Hamam
  - Finnish bath, Dry Sauna, Steam room, Pool
- 97. City Mansion
  - Gym, Indoor pool, Sauna, Basketball court
- 98. **Rusel Park Hotel**
  - **Pool, Sauna, Turkish bath**
- 99. Jeyhun Valiyev (Narimanov)
  - Pilates, Crossfit
- 100. Qardaşlar hamam
  - Pool, Jacuzzi, Turkish bath, Sauna, Steam room

**Absheron:**

- 101. Oxygen Fitness
  - Gym
- 102. AAAF Zirvə Fitness
  - Gym
- 103. AAAF Pool&SPA
  - Gym, Pool, Sauna (Russian and Finnish), Turkish bath, Shock room, Ice room, Relax room
- 104. Şamlıq Spa Center
  - Gym, Pool
- 105. Lunica Donna
  - Reformer Pilates
- 106. **AF Hotel & Aqua Park**
  - **Gym, Indoor pool, Outdoor pool, Beach**
- 107. Neptun Beach Novxanı
  - Outdoor pool, Beach
- 108. Abşeron Olimpiya İdman Kompleksi
  - Gym, Pool

**Garadag:**

- 109. Homebridge
  - Gym
- 110. **Homebridge**
  - **Gym, Sauna, Outdoor pool**
- 111. Green City
  - Gym, Pool

**Yasamal:**

- 112. **Hyatt Regency**
  - **Gym, Indoor pool, Outdoor pool (weekdays), Sauna, Steam Room, Table Tennis, Squash, Aerobics**
- 113. FS Club Megacity
  - Gym, Pool, Spa
- 114. Adrenalin Fitness Club
  - Gym
- 115. Atom İdman Klubu
  - Gym
- 116. **Rufit.Pro**
  - **Gym, Pool, Sauna, Bathroom**
- 117. Rufit.Pro
  - Gym, Pool, Sauna
- 118. SportLife Fitness
  - Gym
- 119. Jeyhun Valiyev Fitness (Sharifzadeh)
  - Gym, CrossFit, Pilates
- 120. Səfir Estetik & Gym
  - Gym, Aerobics, Reformer Pilates
- 121. Evolution Gym Legion
  - Gym
- 122. **Volan Badminton**
  - Badminton (2 hours)
- 123. Volan Badminton
  - Badminton (an hour)
- 124. **Narcissus Pilates**
  - **Reformer Pilates**
- 125. Jeyhun Valiyev Fitness (Nizami Plaza)
  - Gym, CrossFit
- 126. **Knockout Boxing Club**
  - **Fitness, Boxing**
- 127. **Knockout Boxing Club**
  - Fitness, Boxing
- 128. 1001 Nights Choreographic Studio
  - Kundalini Yoga, Hip-Hop, Flamenco, Fly Yoga, Hatha Yoga, Stretching, National and Caucasian dances, Oriental,
- 129. **My Class Fitness Spa**
  - **Fitness, Pool, Jacuzzi, Cold Jacuzzi, Sauna, Turkish Bath, Steam room, Salt room**
- 130. My Class Fitness Spa (09:00-15:00)
  - Fitness
- 131. NZ Pilates Studio
  - Fitness, Pilates, Aerobics
- 132. **Baku Pilates Sky**
  - **Pilates**
- 133. **Fitway Gym**
  - Gym, Cycling, Sauna
- 134. 4life Fitness
  - Gym
- 135. Gymnastic Center
  - Gymnastic, Karate, Dances
- 136. Mogan Hotel
  - Gym, Pool, Sauna, Steam room
- 137. **Osmanlı Hamam**
  - **Sauna, Jacuzzi, Turkish bath, Salt room, Steam room, Steam barrels, Ice fountain**
- 138. **Badamdar Estates**
  - **Gym+Indoor Pool+Sauna+Steam room+relaxing room+Turkish bath**
- 139. FitnessLab (Şərifzadə)
  - Gym, Sauna
- 140. Apollon Gym
  - Gym

**Nizami:**

- 141. Golden Gym
  - Gym
- 142. Just 4 Fit (Qarayev)
  - Gym

143. **Volga Hotel**  
- Gym, Pool
144. Imperator Hamam  
- Pool, Finnish sauna, Turkish bath, Russian bath, Salt room
145. Pilates Class  
- Pilates

**Binagadi:**

146. FS Club Kristal  
- Gym, Pool, Sauna
147. Baku Tennis Academy  
- Gym, Pool, Sauna
148. Golden Gym Cl  
- Gym
149. Nokdaun Fight Club  
- Crossfit
150. Go Fitness (Nasimi)  
- Gym
151. Marafon Gym  
- Gym
152. Boroda Gym  
- Fitness, Sauna
153. Modern Pilates Studio  
- Pilates

**Sabunchu:**

154. Arslan Fitness Mərkəzi  
- Gym
155. Idol Gym  
- Gym
156. **Hamam Palace**  
- Steam room, Sauna, Turkish bath, Hot and cold Jacuzzi
157. **LAVA City Relax Complex**  
- Dry steam room, Steam room with water, Turkish bath, Pool (hot, cold), Steam (bath)

**Surakhani:**

158. Atilla Fitness&Hamam  
- Gym, Pool, Jacuzzi
159. **Atilla Hamam**  
- Russian bath, Turkish bath, Finnish Sauna, Phototherapy room, Salt room, Rain room, Ice fountain, Shock pool, Steam barrels, Jacuzzi
160. Just 4 Fit (Garachukhur)  
Gym

**Khazar:**

161. CH Buzovna  
- Gym
162. **Fly Inn Baku**  
- Gym, Pool (Indoor and Outdoor), Sauna, Turkish bath
163. Muskel House  
- Gym

**Sumgayit:**

164. Strong Fitness Club  
- Gym
165. Iron man  
- Gym
166. Power Gym  
- Gym
167. Sumgait Olympic Sports Complex  
- Pool
168. ZM Qadın Fitness SPA Mərkəzi  
- Gym, Aerobics, Reformer Pilates
169. New Term  
- Fitness, Pool
170. Heman Fitness  
- Gym
171. Premium Fitness  
- Gym

**Ganja:**

- 172. Gəncə Olimpiya İdman Kompleksi
  - Gym, Pool
- 173. Monster Club Ganja
  - Gym, Crossfit, Powerlifting
- 174. El Hotel
  - Pool, Sauna, Turkish bath, Steam room
- 175. Gəncə Pilates Mərkəzi
  - Pilates

**Balakan:**

- 176. Balakən Olimpiya İdman Kompleksi
  - Gym, Pool, Table tennis, Billiard

**Qusar:**

- 168. **Deluxe Park Qusar**
  - Gym, Pool, Cold and hot jacuzzi, Turkish bath, Russian bath (sauna)

**İsmayılı:**

- 169. **Castle Resort and Spa**
  - Gym, Pool, Sauna, Steam room, Turkish bath, Shock pool
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**Vilnius (Lithuania):**

- 170. Fitty
  - Gym
- 171. Fitness World
  - Gym
- 172. FitPro
  - Gym

**Note 1: There may be changes in the list of gyms. Download the app to see the latest version.**

**Note 2: Last updated on 01 May 2023**

**\*Plus gyms are indicated in black**

**\*Premium gyms are indicated in green**

**DISCOUNT PARTNERS**

1. Sapfir Estetik & Gym – 10%
2. Go Sport Ganjlik Mall – 5%
3. Go Sport Port Baku - 5%
4. Go Sport Deniz Mall - 5%
5. SmartSmak - 10%
6. Ananas (clothing brand) - 10%
7. CupCatch - 10 %
8. Azərbaycan Capoeira Federasiyası - 5%
9. Central Hostel and its Restaurant - 10%
10. Velolider - 10%
11. Smile Cosmetology - 20%
12. Hardline Sports Foods - 10%
13. Sartoria Enzo - 10%
14. Blue Bake - 10%
15. The Greens - 20%
16. FitRepublic - 10%
17. Velomax - 10%
18. UPC Universal - 15%
19. Eco Product - 15%
20. 189Taxi - 30%
21. Sağlam ailə - 10%
22. Besmile - 30%
23. Balkhoorma - 15%
24. Leen Hair - 15%
25. İnci psixoloji və Nitq mərkəzi - 30%
26. Organiksətinal - 15%
27. Unstops - 20%
28. Benefit Cafe - 35%
29. Protein Shop - 10%
30. Baku City Karting - 5%
31. Estee Body Cosmetology - 20% (40-50%)
32. White Fitness - 10 sessions of massage service 15%
33. Bakı- İstanbul uşaq məktəbi - 10%
34. Fitcity by Parkhill - 50%